


THE Stone Valley Lifestyle



STONE VALLEY
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

6155 Stone Valley Dr. • Reno, NV 89523 • (775) 746-2200 • www.stonevalleyassistedliving.com

Staff Directory

Executive Director	Benjamin King
Director of Sales & Marketing	Sofia Villagas
Memory Care Director	Aileene Cargill
Executive Chef	Melanie Young
Maintenance Director	Jerry Swearingen
Resident Care Coordinator	Megan Gresham
Activities Coordinator	Kristene Farley
Activities Coordinator	Dorena Berry
Administrative Assistant	Gina Budick



June Events

Field Trip: Auto Museum	June 3rd, 10am
Support Group	June 9th, 2pm
Father's Day Luncheon	June 12th, 12pm
Field Trip: Drill Team at Rodeo	June 20th, 10am
BAKE SALE: Fundraiser to End Alzheimer's	June 26th, 1pm

Pineapple Lemonade Punch

Splash into sunshiny weather with this easy drink recipe!

Ingredients:

- 1 quart prepared lemonade
- 2 cups pineapple juice
- 2 cups lemon-lime soda

Directions:

Pour all ingredients in a 2-quart pitcher and stir well. Serve over ice or lemon-flavored frozen sherbet.

JUNE 2025

A Note From the Executive Director – June 2025



Dear Stone Valley Families and Friends,

As we welcome June and the warmth it brings to Reno, I'd like to take a moment to share some exciting updates from our community. First, please join me in welcoming two new members to the Stone Valley team. Dorena has joined us as

an additional Activities Coordinator, bringing fresh energy to our resident programming. We're also thrilled to introduce Gina, our new Concierge and Administrative Assistant, who is already making a positive impression with her warm personality and commitment to service. In May, we proudly repaired and raised our flagpole. Being able to fly our flag once again is a meaningful symbol for us—it honors our nation and especially the veterans who call Stone Valley home. Our kitchen team continues to impress with their dedication to made-from-scratch meals and appetizers that elevate each event into a true celebration. A sincere thank you also goes out to our care and housekeeping teams. Your efforts to keep our community clean, safe, and comfortable do not go unnoticed. Your pride in your work shines through every day.

Thank you all for being a part of the Stone Valley family.

Warm regards,

Benjamin King,

Executive Director

JUNE 2025

Location Key

DR Dining Room
BA Back Activities Room
ML Main Living Room
CC Community Courtyard
C Community
BL Back Living Room
FT Field Trip

June Birthdays





Jona N 6/4
Marilyn B 6/10
Carolyn M 6/26
Hannah S 6/21

Happy Juneteenth

Commemorating the end of slavery in the U.S., Juneteenth takes place on June 19 every year. On that date in 1865, U.S. troops arrived in Galveston, Texas, the western-most state at the time, to announce the end of the Civil War. The following year, formerly enslaved people celebrated the anniversary as Jubilee Day, and the festive tradition spread through the remaining states, eventually becoming a federal holiday.

“The most wasted of days is one without laughter.”
—E.E. Cummings

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>9:00 BA Chair Yoga🚫🚫 10:30 BL UNR Heart Association Volunteers 11:00 BL Morning Hymns 1:00 AR Crafting🧶 3:00 AR <i>Bingo with Friends</i> 6:00 ML TCM Movies 📺</div>	<div>2</div> <div>9:00 BL Walking Club🚫🚫 10:15 AR Coloring Art 12:45 BL Parachute Fun 3:00 AR <i>Bingo with Friends</i> 6:00 ML Disney Favorites📺</div>	<div>3</div> <div>9:00 C Weights Class🚫🚫 10:00 C Catholic Communion ⚡ 10:15 BA Baking 12:45 CC Gardening 3:00 AR <i>Bingo with Friends</i> 6:00 ML Travel Documentary 📺</div>	<div>4</div> <div>9:00 C Morning Stretches🚫🚫 10:15 AR Sierra Arts🧶 12:45 ML Pretty Nails 3:00 AR <i>Bingo with Friends</i> 6:00 ML Family Favorites 📺</div>	<div>5</div> <div>9:00 C Balloon Toss🚫🚫 10:15 AR Hangman 11:00 ML Bible Study📖 12:45 AR Crafting🧶 3:00 AR <i>Bingo with Friends</i> 6:00 ML Western Movies📺</div>	<div>6</div> <div>9:00 BL Elastic Band Class🚫🚫 10:15 AR High Low Cards 12:45 C Song & Dance 3:00 AR <i>Bingo with Friends</i> 6:00 ML '50s Movies</div>	<div>7</div> <div>9:00 AR Balance Class🚫🚫 10:15 AR Painting with Friends🧶 12:45 AR Chair Soccer 3:00 AR <i>Bingo with Friends</i> 6:00 ML Viewers' Choice 📺</div>
<div>8</div> <div>9:00 BA Chair Yoga🚫🚫 10:30 BL UNR Heart Association Volunteers 11:00 BL Morning Hymns 1:00 AR Crafting🧶 3:00 AR <i>Bingo with Friends</i> 6:00 ML TCM Movies 📺</div>	<div>9</div> <div>9:00 BL Walking Club🚫🚫 10:15 AR Coloring Art 12:45 BL Parachute Fun 2:00 BA Support Group Meeting 3:00 AR <i>Bingo with Friends</i> 6:00 ML Disney Favorites📺</div>	<div>10</div> <div>9:00 C Weights Class🚫🚫 10:00 FT Auto Museum🚗 10:00 C Catholic Communion ⚡ 12:45 CC Gardening 3:00 AR <i>Bingo with Friends</i> 6:00 ML Travel Documentary 📺</div>	<div>11</div> <div>9:00 C Morning Stretches🚫🚫 10:15 BL Reading & Drinks 12:45 ML Pretty Nails 2:00 DR ECCS Music 🎵 3:00 AR <i>Bingo with Friends</i> 6:00 ML Family Favorites 📺</div>	<div>12</div> <div>9:00 C Balloon Toss🚫🚫 10:15 AR Hangman 11:00 ML Bible Study📖 12:00 DR Father's Day Lunch★ 12:45 AR Crafting🧶 3:00 AR <i>Bingo with Friends</i> 6:00 ML Western Movies📺</div>	<div>13</div> <div>9:00 BL Elastic Band Class🚫🚫 10:15 AR High Low Cards 12:45 C Song & Dance 3:00 AR <i>Bingo with Friends</i> 6:00 ML '50s Movies</div>	<div>14</div> <div>9:00 AR Balance Class🚫🚫 10:15 AR Painting with Friends🧶 12:45 AR Chair Soccer 3:00 AR <i>Bingo with Friends</i> 6:00 ML Viewers' Choice 📺</div>
<div>15</div> <div>Father's Day 9:00 BA Chair Yoga🚫🚫 10:30 BL UNR Heart Association Volunteers 11:00 BL Morning Hymns 1:00 AR Crafting🧶 3:00 AR <i>Bingo with Friends</i> 6:00 ML TCM Movies 📺</div>	<div>16</div> <div>9:00 BL Walking Club🚫🚫 10:15 AR Coloring Art 12:45 BL Parachute Fun 3:00 AR <i>Bingo with Friends</i> 6:00 ML Disney Favorites📺</div>	<div>17</div> <div>9:00 C Weights Class🚫🚫 9:30 BA Vet Art with Compassion Care 10:00 C Catholic Communion ⚡ 12:45 CC Gardening 3:00 AR <i>Bingo with Friends</i> 6:00 ML Travel Documentary 📺</div>	<div>18</div> <div>9:00 C Morning Stretches🚫🚫 10:15 AR Sierra Arts🧶 12:45 ML Pretty Nails 1:30 DR Jim Buehler Music🎵 3:00 AR <i>Bingo with Friends</i> 6:00 ML Family Favorites 📺</div>	<div>19</div> <div>Juneteenth 9:00 C Balloon Toss🚫🚫 10:15 AR Hangman 11:00 ML Bible Study📖 12:45 AR Crafting🧶 3:00 AR <i>Bingo with Friends</i> 6:00 ML Western Movies📺</div>	<div>20</div> <div>9:00 BL Elastic Band Class🚫🚫 10:00 FT Drill Team at Rodeo🚗 10:15 AR High Low Cards 12:45 C Song & Dance 3:00 AR <i>Bingo with Friends</i> 6:00 ML '50s Movies</div>	<div>21</div> <div>9:00 AR Balance Class🚫🚫 10:15 AR Painting with Friends🧶 12:45 AR Chair Soccer 3:00 AR <i>Bingo with Friends</i> 6:00 ML Viewers' Choice 📺</div>
<div>22</div> <div>9:00 BA Chair Yoga🚫🚫 10:30 BL UNR Heart Association Volunteers 11:00 BL Morning Hymns 1:00 AR Crafting🧶 3:00 AR <i>Bingo with Friends</i> 6:00 ML TCM Movies 📺</div>	<div>23</div> <div>9:00 BL Walking Club🚫🚫 10:15 AR Coloring Art 12:45 BL Parachute Fun 3:00 AR <i>Bingo with Friends</i> 6:00 ML Disney Favorites📺</div>	<div>24</div> <div>9:00 C Weights Class🚫🚫 10:00 C Catholic Communion ⚡ 10:15 DR Kristy Lish-Piano🎹 12:45 CC Gardening 3:00 AR <i>Bingo with Friends</i> 6:00 ML Travel Documentary 📺</div>	<div>25</div> <div>9:00 C Morning Stretches🚫🚫 10:15 BL Reading & Drinks 12:45 ML Pretty Nails 3:00 AR <i>Bingo with Friends</i> 6:00 ML Family Favorites 📺</div>	<div>26</div> <div>9:00 C Balloon Toss🚫🚫 10:15 C Bake Sale for Walk to End Alzheimer's★ 11:00 ML Bible Study📖 1:00 DR Mrs. Smiley🎵 3:00 AR <i>Bingo with Friends</i> 6:00 ML Western Movies📺</div>	<div>27</div> <div>9:00 BL Elastic Band Class🚫🚫 10:15 AR High Low Cards 12:45 C Song & Dance 3:00 AR <i>Bingo with Friends</i> 6:00 ML '50s Movies</div>	<div>28</div> <div>9:00 AR Balance Class🚫🚫 10:15 AR Painting with Friends🧶 12:45 AR Chair Soccer 3:00 AR <i>Bingo with Friends</i> 6:00 ML Viewers' Choice 📺</div>
<div>29</div> <div>9:00 BA Chair Yoga🚫🚫 10:30 BL UNR Heart Association Volunteers 11:00 BL Morning Hymns 1:00 AR Crafting🧶 3:00 AR <i>Bingo with Friends</i> 6:00 ML TCM Movies 📺</div>	<div>30</div> <div>9:00 BL Walking Club🚫🚫 10:15 AR Coloring Art 12:45 BL Parachute Fun 3:00 AR <i>Bingo with Friends</i> 6:00 ML Disney Favorites📺</div>	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>



Citrus Watermelonade

Summertime is sweet when you're sipping on this fruity beverage.

Ingredients:

- 1 cup water
- 2 cups sugar
- 6 cups cubed watermelon, seeds and rind removed
- 2 cups orange juice
- 1 cup grapefruit juice
- 3/4 cup lemon juice
- 3/4 cup lime juice
- 2 to 3 medium oranges, peeled and diced
- 1/2 cup fresh mint leaves

Directions:

Combine water and sugar in a small saucepan and heat on low until sugar is dissolved. Refrigerate until chilled.

In a blender, puree 4 cups of the cubed watermelon until smooth. Pour into a larger pitcher. Add the chilled sugar syrup, orange juice, grapefruit juice, lemon juice and lime juice. Stir until well combined.

Add remaining 2 cups of cubed watermelon, diced oranges and mint leaves to pitcher. Refrigerate for 2 hours. Serve over ice and garnish with an orange slice and fresh mint.

Find more recipes at
FloridaCitrus.org.

Hello, Sunshine!

Bring on the sun and fun! Summer officially begins on June 20.



RESIDENT MAIL

Please ask Gina, our new Administrative Assistant, for any mail that your family member might have at the front desk. We only give personal mail to our residents and keep the important mail (i.e. bills, documents, etc.) up front until you collect it. Please call or stop by and ask. 775-746-2200
Thank you!



A Pearl of Wisdom

There are three birthstones for the month of June: alexandrite, moonstone and pearl.

Traditionally, the pearl is the most favored of the three, with its creamy white color and iridescent shimmer. Pearls are the only gemstone to come from a living creature rather than the Earth's crust, and less than 1 in 10,000 wild oysters contain the jewel, making natural pearls one of the rarest gemstones in the world.

